



Indiana Department of Education
SUPPORTING STUDENT SUCCESS

ISTEP+

WHAT IS ISTEP+?

The **I**ndiana **S**tatewide **T**esting for **E**ducational **P**rogress-Plus (ISTEP+) measures what students know and are able to do at each grade level. Based on Indiana's Academic Standards, ISTEP+ provides a learning check-up to make sure students are on track and signal whether they need extra help.

HOW DO I GET READY FOR THE TEST?

Be prepared. Cramming for any test is never the best way to prepare. Keep up with your homework and ask your teachers for help when you need it.

Review. In the weeks before your test, take it seriously when your teachers review important information.

Get plenty of sleep.

Have a good breakfast. Eat protein (eggs, meat, cheese, etc.), which will help you perform better than a sugary doughnut. Too much food can make you feel sleepy, so don't overdo it.

Take a break. Get some exercise during your breaks or after school to keep your energy up.

Ask for help. If you've had trouble with ISTEP+ in the past, ask a teacher, counselor or parent about extra help now.

Double-check your work on the test. You'll catch mistakes if you take time to proofread your answers carefully.

WHAT IF I HAVE MORE QUESTIONS?

Visit www.doe.in.gov/istep, call 1-888-54-ISTEP or contact your local school.